

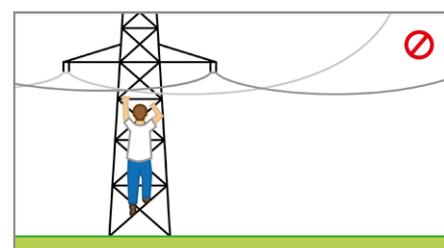


Sports and leisure near lines

The Swissgrid grid consists of around 12,000 pylons and 6,700 kilometres of lines. Part of this crosses cultivated land or passes close to populated areas. Swissgrid's grid infrastructure meets the highest safety standards. However, a few safety rules need to be observed, and an adequate distance must be maintained during sports and leisure activities near lines. The most important of these are included in this flyer.

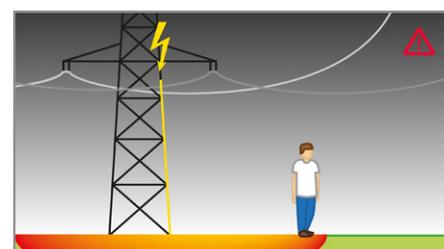
Do not climb on pylons.

Unauthorised persons are strictly prohibited from climbing electricity pylons. This poses a fatal risk of electric shock or falling from a great height. Only trained and authorised Swissgrid personnel may climb the pylons.



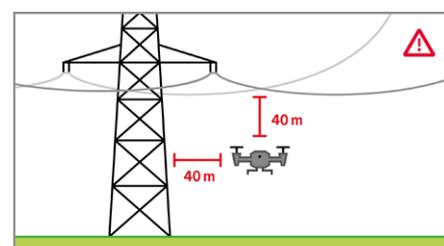
Keep your distance from lines and electricity pylons in thunderstorms.

If you are surprised by a thunderstorm when walking, jogging or hiking, make sure that you maintain a distance from pylons and lines. If lightning strikes a pylon, there is an increased risk of electric shock in the immediate vicinity that can be caused by a high step voltage.



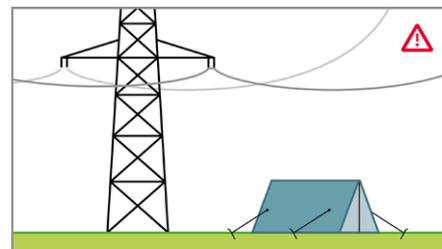
Always maintain a safe distance when flying.

Paragliders, kites, drones, model aircraft: aircraft may get caught in the lines and cause an electric shock. Their retrieval is time-consuming and expensive. When using aircraft, always make sure to maintain a safe distance of at least 40 metres from the lines.



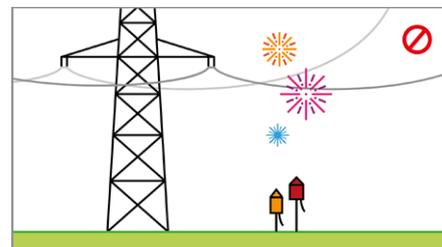
Take care during leisure activities near lines.

Whether you are camping, fishing or lighting a fire: caution is required when you participate in leisure activities near lines. In case of doubt, always keep a safe distance from the line. There is a risk of electric shock if fishing rods get caught in the line or if the line is damaged by fire.



No fireworks near lines.

Lighting fireworks near lines is strictly prohibited.



Further information

You can find documents with more information about sports and leisure near lines at www.swissgrid.ch/nearlines.

Questions?

Give us a call at **058 580 21 11**.

You can also send us an e-mail at info@swissgrid.ch.

In the event of a fault or emergency, please call us on our **emergency telephone number 0800 00 45 45**.